



29th Annual Saint Louis University
 Summer Geriatric Institute
 June 4 – 6, 2018

The Aging Tsunami is Upon Us

When	Overview and Objectives
<p>Monday, June 4, 2018 - Wednesday, June 6, 2018 7:15 AM - 5:00 PM</p>	<p>The audience for this program includes students and professionals working with older adults, with a special emphasis on clinicians and administrators, including physicians, nurses, psychologists, social workers, occupational therapists, physical therapists, speech therapists, dietitians, nursing home administrators, and those who specialize in alternative medicine.</p> <p>Objectives:</p> <ul style="list-style-type: none"> • The participant will be able to describe the current practice of geriatric care in the community setting in assessment and intervention; • describe, through the plenary presentations, current research into assessment and intervention strategies in such areas as: dementia, depression, communication, workforce development, nutrition, hip fractures, and caregiver well-being; and • describe, through more in-depth workshop sessions, appropriate prevention, assessment, and intervention strategies in such areas as: cognitive stimulation therapy, palliative and end-of-life care, exercise, geriatric syndromes, polypharmacy, cancer, caregiver support, and home-based care.
Where	Sponsors
<p>June 4-5: Margaret McCormick Doisy Learning Resources Center 3545 Vista Avenue St. Louis, MO 63104</p> <p>June 6: Il Monastero, 3050 Olive St, St. Louis, MO 63103</p>	<p>This activity has been planned and implemented in accordance with the Essentials and Standards of the Accreditation Council for Continuing Medical Education through the partnership of Saint Louis University School of Medicine, Division of Geriatric Medicine, and co-provided by Saint Louis University School of Nursing in cooperation with the Gateway Geriatric Education Center, Saint Louis University School of Medicine, and the Saint Louis University School of Social Work.</p>
Details and Registration	<p>https://slu.cloud-cme.com/summer</p>

AGENDA

Monday, June 4, 2017

7:15 AM - 7:45 AM	Registration, Sign-In, Coffee and Light Breakfast
7:45 AM – 8:00 AM	<i>Welcome</i> John E. Morley, MB, BCh and Marla Berg-Weger, PhD, LCSW
8:00 AM – 9:00 AM	<i>Aging Successfully – Back to the Future, John E Morley, MB, BCh</i> This keynote address will provide updates on advances in geriatric care.
9:00 AM – 9:30 AM	<i>Wellness Visit, Patty Abele, RN, NP</i> The protocol developed at Saint Louis University for completion of the Medicare Annual Wellness Visit will be highlighted in this presentation.
9:30 AM – 10:00 AM	<i>Treatment of Hip Fractures, Angela Sanford, MD</i> Dr. Sanford will provide an update on current interventions for hip fractures.
10:00 AM – 10:15 AM	Morning Break
10:15 AM – 11:30 AM	Flood Memorial Alzheimer’s Disease Lecture: <i>Communication with Someone Who Has Dementia: Changing Resistance to Care to Participation in Care, Teepa Snow, MS, OTR/L, FAOTA</i> Delivered by internationally known lecturer and founder of Positive Approach® to Care, Teepa Snow, the annual Flood Lecturer, will provide a comprehensive strategy to explore all possible causes for new onset of symptoms with care providers so that the root cause(s) of the behaviors are highlighted and interventions are targeted.
11:30 AM – 12:00 PM	<i>Assessment and Interventions for Geriatric Syndromes in the Primary Care Setting, Janice Lundy, BSW, MHA</i> This presentation will highlight the protocol developed in a community hospital for identifying and serving older adults experiencing one or more of the geriatric syndromes.
12:00 PM – 1:00 PM	Lunch (Provided)
1:00 PM – 1:30 PM	<i>Age-related Changes to Swallow Functioning, Michelle Payne, MA, CCC-SLP</i> This presentation will introduce audience members to the impact and treatment of swallowing changes as one ages.
1:30 PM – 2:00 PM	<i>Compensatory and Assistive Devices for Persons with Memory Impairment, Cindy Kempf, OTR/L</i> Aimed at optimizing function and quality of life, this presentation will provide an overview of compensatory devices that can be integrated into the care of persons with memory impairment.
2:00 PM – 2:30 PM	<i>Motor-speech and Language Decline in Fronto-temporal Degeneration (FTD), Whitney Postman, PhD</i> Dr. Postman will provide an overview of the impact of FTD on communication with updates on neuroimaging research on the pathophysiologies of FTD diseases.
2:30 PM – 3:00 PM	<i>Compassion Fatigue for Those Who Care, Marla Berg-Weger, PhD, LCSW</i> This presentation will highlight strategies professionals can employ to identify, assess, and intervene with caregivers who are experiencing caregiver-related stress and burden.
3:00 PM – 3:15 PM	Afternoon Break
WORKSHOP SESSION I	
3:15 pm – 5:00 pm	Workshop A: <i>Interventions for Hearing Impairments in Older Adults, Travis Threats, PhD and Maureen Fischer, MS, CCC-A</i> This interprofessional workshop will focus on interventions in older adults with hearing impairments.
3:15 pm – 5:00 pm	Workshop B: <i>Decision-making and Ethical Considerations at the End-of-Life, Jennifer Ohs, PhD, Meghan C. Murray, MA</i> Dr. Ohs and Ms. Murray will engage participants in considering ethically focused issues of decision-making when working with older adults and their families at the end-of-life.

3:15 pm – 5:00 pm	Workshop C: <i>Updates in Dementia Interventions</i>, Maurice Redden, MD, Jan Wood, PhD, NP, and Debra Bryer, RN The presenters will highlight new developments and resources available for persons with dementia and their care network.
3:15 pm – 5:00 pm	Workshop D: <i>Complementary and Alternative Strategies for Well-Being</i>, Susan S. Tebb, PhD, MSW, RY-500 This interactive workshop with Dr. Tebb will include strategies in mindfulness and body movement.
3:15 pm – 5:00 pm	Workshop E: <i>Non-Pharmacologic Interventions for Persons with Dementia</i>, Janice Lundy, BSW, MHA, Debbie Blessing, BS, and Max Zubatsky, PhD, LMFT This interprofessional team will provide an introduction to non-pharmacologic interventions for persons with dementia with a highlight on Cognitive Stimulation Therapy and the Cardinals Reminiscence League.
5:00 PM	Adjournment for the Day

Tuesday, June 5, 2018

7:15 AM - 7:45 AM	Registration, Sign-In, Coffee and Light Breakfast
7:45 AM – 8:00 AM	Welcome Marla Berg-Weger, PhD, LCSW
8:00 AM – 9:00 AM	<i>Updates in Traumatic Brain Injury and Older Adults</i>, George T. Grossberg, MD Dr. Grossberg will present emerging research on the impact of traumatic brain injury on the aging process.
9:00 AM – 9:30 AM	<i>To Drive or Not to Drive: Present and Future Options for Older Adults</i>, Annie Harmon, PhD Dr. Harmon will provide an overview of the research and interventions for professionals addressing older adult mobility and driving.
9:30 AM – 10:00 AM	<i>Immunizations for Older Adults</i>, Julie Gammack, MD This session will cover the science and recommendations from the Centers for Disease Control for common immunizations that are given to older adults. Immunizations to be discussed include influenza, pneumococcal, tetanus and herpes zoster.
10:00 AM – 10:15 AM	Morning Break
10:15 AM – 11:30 AM	The Max K. Horwitt Memorial Nutrition Lecture: <i>Toledo Study on Healthy Aging</i>, Leocadio Rodríguez Mañas, MD In the Annual Nutrition Lecture, Dr. Mañas, Professor of Geriatrics at the Universidad Europea de Madrid, will share an overview of the national Spanish study of nearly 3000 older adults.
11:30 AM – 12:00 PM	<i>Use of Neuromodulatory Techniques in the Elderly</i>, David Beck, MD Dr. Beck will provide insights into a new area of treatment for older adults experiencing late-life depression.
12:00 PM – 1:00 PM	Lunch (Provided)

WORKSHOP SESSION II

1:00 pm – 2:45 pm	Workshop F: <i>Strengthening Interventions with Older Adults</i>, Clinton Rice, DPT, Dee Johnson, NASM CPT and Stephanie Pyland, CPT This interactive workshop will provide participants with an opportunity to participate in an exercise and strengthening program.
1:00 pm - 2:45 pm	Workshop G: <i>Basic Geriatric Assessment in the Home and Outpatient Settings</i>, Nanette Randle, NP, Christina Traber, NP, Gerald Mahon, MD, and William Gingold, PhD, MHA, CSA, CHE, QMHP This interprofessional team will discuss protocols for conducting basic geriatric assessment during home care visits and out-patient appointments.
1:00 pm - 2:45 pm	Workshop H: <i>Falls Assessment and Management in Acute and Primary Care and Community Settings</i>, Jan Wood, DNP, RN, NP-C, Helen Lach, PhD, RN, CNL, FGSA, FAAN, RN, and John E. Rouck, BS This workshop will provide strategies and resources for assessment and management of gait status and fall risk for older adults in acute care, primary care, and the community.

1:00 pm - 2:45 pm	Workshop I: <i>Legal Issues and Financial Exploitation</i>, Debra Schuster, JD and Mary Tucker, JD, BA Participants in this workshop will gain information related to legal options and resources along with strategies to identify and intervene in financial exploitation situations.
1:00 pm - 2:45 pm	Workshop J: <i>Advanced Geriatric Assessment</i>, Angela Sanford, MD, Julia Henderson-Kalb, MS, OTR/L, Theodore Malmstrom, PhD Building on the basic geriatric assessment, this workshop will provide an in-depth exploration of a comprehensive interprofessional geriatric assessment.
2:45 PM – 3:00 PM	Afternoon Break
Workshop Session III	
3:00 PM – 5:00 PM	Workshop K: <i>Aging and the LGBT Community: A Cultural Competency Conversation Extending Beyond Best Practice</i>, Daniel B. Stewart, MSG and Elizabeth Fuchs, MSW Participants will gain knowledge and skills for compassionately providing care and services to older LGBT clients and patients.
3:00 PM – 5:00 PM	Workshop L: <i>Evaluate and Empower: Assessing Caregiver Readiness to Guide Dementia Intervention</i>, Jill Cigliana, OTR/L and Amy Sobrino, LMSW Representatives of Memory Care Home Solutions will lead participants through the process and impact of caring for a person with dementia.
3:00 PM – 5:00 PM	Workshop M: <i>Palliative Care at the End of Life</i>, Miriam Rodin, MD, PhD, Oscar Cepeda, MD, and Mary Fox, MD A team of specialists in palliative geriatric care, Drs. Rodin, Cepeda, and Fox will share insights and strategies for enhancing quality of life for patients.
3:00 PM – 5:00 PM	Workshop N: <i>New Developments in Nursing Home Care</i>, Stephanie Crist, PharmD, and Qiang Chen, PhD This workshop will explore a range of strategies for ensuring high quality care for older adults in residential facilities from the pharmacological, nutritional, and staffing perspectives.
5:00 PM	Evaluation

Wednesday, June 6, 2018

Optional Cognitive Stimulation Therapy (CST) Training	
7:30 AM – 8:00 AM	Registration and Continental Breakfast
8:00 AM – 8:30 AM	<i>An Introduction to Dementias, Angela Sanford, MD</i> This presentation will provide an overview of the assessment, diagnosis, and pharmacologic treatments for dementia.
8:30 AM – 9:00 AM	<i>CST Historical Perspective, Development, and Evidence, Janice Lundy, BSW, MA, MHA</i> Introduction of CST interventions and discussion of the evidence that supports the implementation of this non-pharmacologic intervention.
9:00 AM – 9:45 AM	<i>CST Key Features and Guiding Principles, Debbie Blessing, BS</i> Ms. Blessing will provide an overview of the key features and guiding principles of individual and group CST
9:45 AM – 10:00 AM	Break
10:00 AM – 10:45 AM	<i>Why CST Works and Implementation of Group CST Intervention, Debbie Hayden, RN, BSN, OTR/L</i> Ms. Hayden will review the evidence behind CST's effectiveness and introduce the 14 sessions.
10:45 AM – 11:30 AM	<i>Individual CST (iCST), Dan Stewart, MSG</i> Strategies for delivering individual CST (iCST) will be presented.
11:30 AM – 12:30 PM	Lunch (provided)
12:30 PM – 3:30 PM	<i>CST Group Implementation</i> Will introduce participants to group development, facilitation, management, evaluation, and incorporating physical exercise into CST sessions. Attendees will be broken into two groups: <i>Group I – Janice Lundy, BSW, MA, MAH and Debbie Hayden, RN,BSN, OTR/L</i> <i>Group II – Max Zubatsky, Phd, LMFT, Dan Stewart, MSG, and Debbie Blessing, BS</i>
3:30 PM – 4:00 PM	Wrap Up and Evaluation